**GPMS CHEERLEADING TRYOUT INFORMATION PACKET**

**TRYOUT ATTIRE**

Applicants with hair long enough to be pulled back, should wear a ponytail with a white ribbon or bow. Applicants with hair too short to be pulled back must make sure all hair will be away from their face during the tryout.

Applicants need to wear a white shirt (**t-shirt only**, NO spaghetti straps, tank tops, or halter tops). The t-shirt needs to fit the applicant appropriately. This means the shirt cannot be tied to fit the applicant. The shirt may not have any words or logos visible on the outside.

Applicants need to wear navy blue or royal blue shorts. Cotton knit (t shirt material) shorts work the best. The shorts may not have any words or logos visible on the outside.

Applicants must wear plain white socks (no words or logos), and white tennis shoes. The shoes are the **only** part of the outfit that may have a logo on them.

If an applicant wears something that is not allowed, the judges, coaches, or administrators may disqualify the applicant from try-outs.

**Tryout Clinic:** Middle School Gym, 4-6pm

* Friday, March 1st
* Monday, March 4th
* Tuesday, March 5th

**Mock Tryouts (Closed to Public):** Thursday, March 7th, Middle School Gym, 4-6pm or until finished

**Final Tryouts (Closed to Public):** Friday, March 8th, Middle School “Blue” Gym (candidates wait in “Brown” Gym)

\*6th & & 7th graders will be dismissed at 1:00 – 7th grade will check out at front desk, then walk to the Brown Gym to get dressed (unless checked out by parent to get dressed at home). **No students are allowed to be checked out of school earlier than the time indicated above**.

**First meeting:** Tuesday, March 19th, Middle School Gym, 6pm

**Uniform fitting:** Thursday, March 21st, Middle School, in cheer room or sponsor classroom

**Spring Practices:** Tuesdays/Thursdays, April and May

**Tumbling:** One Thursday a month during school year, Two Thursdays a month during summer, TAG’S

**Stunt Clinic:** Saturday,May 11th, GPMS

**Summer Camp:** Thursday, June 27th – Saturday, June 29th, GPMS

**New School Year Practices:** During football season, practices will be held after school, at the middle school, Mondays, Thursdays, and Fridays.

Judge Evaluation, worth 75% (300 points, 100 Points Per Judges Sheet) of Tryout Score

Candidate #

**Tumbling (10 points possible)**

Standing Tumbling (0-5) **\_\_\_\_\_\_\_\_\_\_\_**

Running Tumbling (0-5) **\_\_\_\_\_\_\_\_\_\_\_**

**Jumps (10 points possible)**

Jump of their choice (0-5) **\_\_\_\_\_\_\_\_\_\_\_**

Toe touch (0-5) **\_\_\_\_\_\_\_\_\_\_\_**

**Individual cheer (30 points possible**)

Smile and enthusiasm (0-10) **\_\_\_\_\_\_\_\_\_\_\_**

Motions and Voice (0-10)**\_\_\_\_\_\_\_\_\_\_\_**

Knowledge of Cheer (0-10) **\_\_\_\_\_\_\_\_\_\_\_**

**Dance (30 points possible)**

Motions (0-10) **\_\_\_\_\_\_\_\_\_\_\_**

Energy and rhythm (0-10) **\_\_\_\_\_\_\_\_\_\_\_**

Knowledge of Dance (0-10) **\_\_\_\_\_\_\_\_\_\_\_**

**Group Cheer (20 points possible)**

(0-20) **\_\_\_\_\_\_\_\_\_\_\_**

Comments:

Judge Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Conduct Evaluation, worth 25% (100 points) of tryout score – Score Sheet

**Teacher Recommendations (60 points possible)**

Teacher #1: (0-10) \_\_\_\_\_\_\_\_\_\_

Teacher #2: (0-10) \_\_\_\_\_\_\_\_\_\_

Teacher #3: (0-10) \_\_\_\_\_\_\_\_\_\_

Teacher #4:(0-10) \_\_\_\_\_\_\_\_\_\_

Teacher #5:(0-10) \_\_\_\_\_\_\_\_\_\_

Teacher #6:(0-10) \_\_\_\_\_\_\_\_\_\_

**Behavior at Clinic (40 points possible)**

Positive Attitude (0-10) \_\_\_\_\_\_\_\_\_\_

Willingness to Learn (0-10) \_\_\_\_\_\_\_\_\_\_

Ability to get along with other applicants/coaches (0-10) \_\_\_\_\_\_\_\_\_\_

Overall Impression (0-10) \_\_\_\_\_\_\_\_\_\_

Each candidate is evaluated separately by the coaches, and evaluations are averaged.

Each category has been rated using the following system

* Superior 10
* Above Average 7.5
* Average 5
* Below Average 2.5
* Unacceptable 0

Disciplinary Deductions:

* Tardies
* Referrals
* ISS