

**Gregory Portland Independent School District  
Health Services Department  
SEIZURE ACTION PLAN**

School  
Photo

(Please Print)

Effective Date:

This student is being treated for a seizure disorder. The information below should assist you if a seizure occurs during school hours.

Student's Name:	Date of Birth:	Grade:
Parent/Guardian:	First Phone:	Second Phone:
Other Emergency Contact:	First Phone:	Second Phone:
Treating Physician:	Phone:	

Significant Medical History:

Seizure Information			
Seizure Type	Length	Frequency	Description

Seizure triggers or warning signs:

Student's Reaction to seizure:

**Basic NON-Emergent Seizure First Aid:**

- Stay calm and track time
- Keep child safe
- Do not restrain
- Do not put anything in mouth
- Stay with child until fully conscious
- Protect head
- Keep airway open/watch breathing
- Turn Child on Side

**EMERGENCY SEIZURE (A Seizure is considered an EMERGENCY when)**

- Convulsions (tonic-clonic) seizures lasts longer than 5 minutes
- Student has repeated seizures without regaining consciousness
- Student is injured or has diabetes
- Student has a first-time seizure
- Student has breathing difficulties
- Student has seizure in water

**EMERGENCY SEIZURE RESPONSE:**

- Contact campus nurse at extension: 5036 or 5051 or via WALKIE TALKIE
- Administer emergency medications as indicated below
- Call 911 if seizure does not stop with emergency medication (DIASTAT)
- Notify parent or emergency contact
- Follow basic seizure first aid

**Treatment Protocol During School Hours (include daily and emergency medications)**

Emergency: Indicate with X	Medication	Dosage & Time of Day Given	Common Side Effects & Special Instructions

Does the student have a **Vagus Nerve Stimulator**?  Yes  No If YES, describe magnet use below in special precautions section.

**Special Considerations and Precautions (regarding school activities, sports, trips etc.)**

Describe any special considerations or precautions:

Physician Signature:	Date
Parent/Guardian Signature:	Date

(revised 2/2020)

*This plan is in effect for the current school year and summer school as needed.*