

**Gregory Portland Independent School District
Health Services Department
EMERGENCY ALLERGY ACTION PLAN**

School
Photo

Effective Date:

(Please Print)

THIS STUDENT HAS THE POTENTIAL FOR A SEVERE ALLERGIC REACTION AND THE NEED FOR EPI PEN ADMINISTRATION

Student's Name:		Date of Birth:	Grade:
Parent/Guardian:		First Phone:	Second Phone:
Allergy to:		Life threatening: YES NO	Asthma: YES NO
Treating Physician:		Phone:	
Location of EPI PEN/ RESCUE MEDICATIONS: <input type="checkbox"/> Nurse Office <input type="checkbox"/> Trainer Office <input type="checkbox"/> SELF CARRY			

MILD SIGNS AND SYMPTOMS AFTER SUSPECTED OR KNOWN EXPOSURE OR INGESTION:

SKIN	A FEW HIVES, MILD ITCHY RASH
STOMACH	MILD NAUSEA OR DISCOMFORT
MOUTH	ITCHY MOUTH/TONGUE

***** ACTION FOR A MILD ALLERGIC REACTION *****

1. Send student to the clinic accompanied by a responsible person
2. Give _____ (DOSE) of _____ (ANTIHISTAMINE) by mouth.
3. Contact the parent or guardian.

SEVERE SIGNS AND SYMPTOMS AFTER SUSPECTED OR KNOWN EXPOSURE OR INGESTION:

LUNGS	SHORTNESS OF BREATH, REPETITIVE COUGHING, AND/OR WHEEZING
THROAT	ITCHING AND/OR A SENSE OF TIGHTNESS IN THE THROAT, HOARSENESS AND HACKING COUGH
HEART	"THREADY" PULSE, "PASSING OUT"
SKIN	MANY HIVES, ITCHY RASH, AND/OR SWELLING ABOUT THE FACE OR EXTREMITIES, CLAMMY
STOMACH	NAUSEA, ABDOMINAL CRAMPS, VOMITING, AND/ OR DIARRHEA
MOUTH	ITCHING & SWELLING OF THE LIPS, TONGUE OR MOUTH

***** ACTION FOR A SEVERE ALLERGIC REACTION *****

1. ADMINISTER EPI PEN IMMEDIATELY
2. CALL 911 IMMEDIATELY. EPI PEN ONLY LASTS 20-30 MINUTES
3. CONTACT PARENT OR GUARDIAN

Special Instructions if needed: _____

DIRECTIONS FOR EPI PEN USE:

1. Pull off safety cap
2. Place tip against upper outer thigh
3. Press hard into outer thigh until it clicks (may go through clothing) **HOLD IN PLACE TO COUNT OF 3**
4. Replace used injector in container and give to 911 responder

PERMISSION TO SELF CARRY:

**SELF - ADMINISTERED EMERGENCY MEDICATION
(To be completed by a Physician)**

I have instructed student, _____, in the proper way to use his/her emergency medication. It is my professional opinion that this student **SHOULD** be allowed to carry and self-administer his/her emergency medication.

* A second dose of Epinephrine injection in the nurse's office is advisable and recommended.

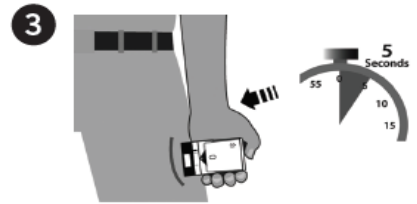
It is my professional opinion that this student **SHOULD NOT** carry or self-administer his/her emergency medication.

Physician Signature:	Date:
Parent/Guardian Signature:	Date:
School Nurse Signature:	Date:

**Gregory Portland Independent School District
Health Services Department**

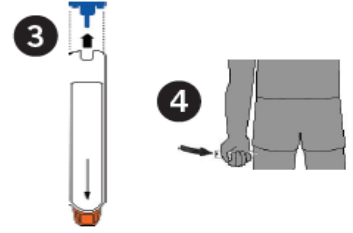
HOW TO USE AUVI-Q® (EPINEPHRINE INJECTION, USP), KALEO

1. Remove Auvi-Q from the outer case.
2. Pull off red safety guard.
3. Place black end of Auvi-Q against the middle of the outer thigh.
4. Press firmly, and hold in place for 5 seconds.
5. Call 911 and get emergency medical help right away.



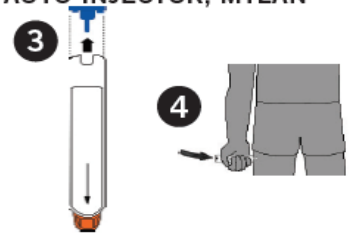
HOW TO USE EPIPEN® AND EPIPEN JR® (EPINEPHRINE) AUTO-INJECTOR, MYLAN

1. Remove the EpiPen® or EpiPen Jr® Auto-Injector from the clear carrier tube.
2. Grasp the auto-injector in your fist with the orange tip (needle end) pointing downward.
3. With your other hand, remove the blue safety release by pulling straight up.
4. Swing and push the auto-injector firmly into the middle of the outer thigh until it 'clicks'.
5. Hold firmly in place for 3 seconds (count slowly 1, 2, 3).
6. Remove and massage the injection area for 10 seconds.
7. Call 911 and get emergency medical help right away.



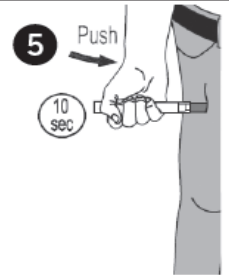
HOW TO USE EPINEPHRINE INJECTION (AUTHORIZED GENERIC OF EPIPEN®), USP AUTO-INJECTOR, MYLAN

1. Remove the epinephrine auto-injector from the clear carrier tube.
2. Grasp the auto-injector in your fist with the orange tip (needle end) pointing downward.
3. With your other hand, remove the blue safety release by pulling straight up.
4. Swing and push the auto-injector firmly into the middle of the outer thigh until it 'clicks'.
5. Hold firmly in place for 3 seconds (count slowly 1, 2, 3).
6. Remove and massage the injection area for 10 seconds.
7. Call 911 and get emergency medical help right away.



HOW TO USE IMPAX EPINEPHRINE INJECTION (AUTHORIZED GENERIC OF ADRENALCLICK®), USP AUTO-INJECTOR, IMPAX LABORATORIES

1. Remove epinephrine auto-injector from its protective carrying case.
2. Pull off both blue end caps: you will now see a red tip.
3. Grasp the auto-injector in your fist with the red tip pointing downward.
4. Put the red tip against the middle of the outer thigh at a 90-degree angle, perpendicular to the thigh.
5. Press down hard and hold firmly against the thigh for approximately 10 seconds.
6. Remove and massage the area for 10 seconds.
7. Call 911 and get emergency medical help right away.



ADMINISTRATION AND SAFETY INFORMATION FOR ALL AUTO-INJECTORS:

1. Do not put your thumb, fingers or hand over the tip of the auto-injector or inject into any body part other than mid-outer thigh. In case of accidental injection, go immediately to the nearest emergency room.
2. If administering to a young child, hold their leg firmly in place before and during injection to prevent injuries.
3. Epinephrine can be injected through clothing if needed.
4. Call 911 immediately after injection.

OTHER DIRECTIONS/INFORMATION (may self-carry epinephrine, may self-administer epinephrine, etc.):

Treat the person before calling emergency contacts. The first signs of a reaction can be mild, but symptoms can worsen quickly.

EMERGENCY CONTACTS — CALL 911

RESCUE SQUAD: _____

DOCTOR: _____ PHONE: _____

PARENT/GUARDIAN: _____ PHONE: _____

OTHER EMERGENCY CONTACTS

NAME/RELATIONSHIP: _____

PHONE: _____

NAME/RELATIONSHIP: _____

PHONE: _____