



SHAC Minutes November 1, 2022

- I. The meeting was convened at 4:00 p.m. by Martha Rose. Martha Rose reviewed the mission vision and goals of the district and the priorities in the Balanced Scorecard. And explained the agenda for the meeting.

Members in attendance: Michael Thieme – Exec Director, Jeff Atkinson – Director of Food Service, Marci Martinez, Andrea Young, Cathy Kelly & Ryan Kelly – EC Parents, San Juanita “Annie” Marquez - SFA Parent, Amanda Perez - WCA Parent, Amber Rogers – WCA Parent.

Members attending via Zoom:

Jennifer Gano – SFA PE, Chasity Watts – SFA Nurse, Stephen Kazanjian - EC Parent, Ruben Vela – TMC PE, Jennifer Graham - WCA parent, and Ally Honig - EC Nurse.

- II. Parent Volunteer for Co-Chairs

Martha Rose proposed a Parent Volunteer for Co-Chairs. Barbie Ezell explained the responsibilities for co-chair. Cathy and Ryan Kelly volunteered to be Co-Chairs for SHAC.

- III. Council Purpose, Policies & Procedures

Members reviewed the SHAC purposes, policies and procedures document. Powerpoint will be shared with members following the meeting.

Review of Minutes

Members reviewed the minutes from the April 20, 2022, meeting. There were 2 corrections: Guests and Guest Presenters – Jackie Millington needed to be added and 7 members, not 8, were in favor of the curriculum. Michael Thieme moved to approve the minutes and Amanda Perez seconded the motion. Minutes were approved as corrected.

District Updates

Food Service: Jeff Atkinson indicated that they still have supply chain issues and continue to work through those issues to continue food services for students.

Safety & Security: Michael Thieme indicated that 11/2/2022 will be the 3rd Stop the Bleed training. G-PISD nurses and SRO's will train every person in the district. 700 tourniquets will be purchased to be placed in safety back packs throughout district buildings and in every classroom. With regard to the Texas Safety Audit, G-P has gone through a door audit and corrected 165 issues. The district has long-term plans to continue to address any issues. Mr. Kelly indicated that it is great to have recurrent training to refresh staff members on skills. Mr. Thieme explained every staff member will be trained every 3 years.

IV. Six Snack Exempt Dates for Fundraisers

Barbie Ezell explained that there are food and nutrition guidelines that the district must follow. School districts may have 6 exempt days which each campus has selected. The dates are mostly associated with holidays and events. Ryan Kelly moved to approve the six snack exempt days and Michael Thieme seconded the motion. Motion was approved.

V. Fitness Gram

Sharon Reckaway was unable to attend.

VI. Self-Responsibility Classes

Barbie Ezell explained that the Woman's and Men's Health Club of the Coastal Bend provides presentations to students in grades 5 – 8. The dates have not yet been scheduled for this year.

VII. Wellness Plan

Barbie Ezell explained that Board Policy is the “what” of our wellness goals and the wellness plan created by SHAC is “how” the district ensures the policies are implemented.

Jeff Atkinson focused on the nutrition promotion through the serving line. Campus food service managers work in conjunction with campus to promote the cafeteria, classrooms, and other settings. Jeff Atkinson discussed ways to promote ideas in the classroom, explaining serving Texas Fruits and Vegetables. He explained the role of the stakeholders involved with the Wellness plan and how the district measures success through the Wellness School Assessment Tool.

Amanda Perez indicated that there is not a substitution for milk. Andrea Young indicated that the only time we provide lactate milk is if there is a doctor's order. All the milks, such as coconut or almond, do not meet the nutrition goals that the school is required to follow. Cups to select water are provided. An additional concern is that at times there are no cups. Jeff Atkinson and Andrea Young will ensure that cups are available to students.

Jeff Atkinson reviewed the goals and objectives in the educational nutrition plan which include providing information to community members through campus-based events along with health and wellness fairs.

Amber Rogers proposed to provide a health fair during the Family Festival event being held at WC Andrews on November 18 to promote health and wellness. Jeff Atkinson indicated that he would visit Mrs. Tennyson. Jeff Atkinson explained the goals for nutrition education may be provided live and online. Marci Martinez indicated that their group wanted to ensure more community input for nutrition education.

Jeff Atkinson reviewed goals and objectives for physical activity. Stephen Kazanzian, asked about the baseline data. He noted that we need to consider the quantity, quality, and people are better off by what we are doing. What are our goals and are they changing behaviors? “Trying Hard is Not Good Enough” by Mark Friedman is a book that he recommends for this process as it outlines a framework for Results Based Accountability. We will need to determine baseline data in order to move forward.

Barbie Ezell explained the process and SMART goals. We will bring the basic goals to the team at the December meeting to ensure they are observable and obtainable.

Martha Rose explained that this group will be placed to address this goal. Proposed where members would like to be placed to help focus on these goals.

Members selected the following groups:

Nutrition Promotion – Chasity Watts, Amber Rogers, Jeff Atkinson, Andrea Young

Nutrition Education – Stephen Kazanjian, Jeff Atkinson, Andrea Young

Physical Activity – Jennifer Gano, Ruben Vela, Amanda Perez, Stephen Kazanjian, Jennifer Graham

Other School Based Activities – Ryan Kelley, Cathy Kelley, Sajuanita (Annie) Marquis, Amanda Perez, Ally Honig

VIII. Questions & Closing

Ryan Kelly inquired about the topic of human sexuality and was informed the board voted against providing the program.

Guest, Cheri Ramirez, asked about the district inclusion, equity and diversity statement. She indicated that she talked to Dr. Cavazos who indicated that staff would be able to address students by their preferred pronoun. She was inquiring as to what types of steps may be necessary to remove students using other pronouns. Martha Rose will follow up with this question.

Martha Rose noted the dates for the upcoming meetings:

December 7, 2022

February 15, 2023

April 19, 2023

The meeting was adjourned at 5:08