

Feel supported, connected and rewarded.



LifeWorks is an exciting and innovative well-being solution that:

- Supports you with a confidential **Employee Assistance Program (EAP)** and well-being resource, available 24/7.
- Connects you to information, tips, and updates to support your well-being and success at work.
- Rewards you with a range of special offers and **Perks**, helping you save money on daily essentials and luxury brands.

Watch for one-time sign-up instructions to create your personal LifeWorks account.

Online:

Download the 'LifeWorks' app!



For EAP services, we are here for you any time 24/7:

Toll-free:

En español:

Share LifeWorks with your family!

You can invite family members to access confidential help and advice on hundreds of topics available on the LifeWorks platform. Simply access the LifeWorks website, then under "Profile" select "Family" and "Invite Family Members".

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